

St. Luke's Monroe Campus
is powered by the strength
of the St. Luke's Network.

St. Luke's University Health Network

StLuke's
MONROE CAMPUS

100 St. Luke's Lane
Stroudsburg, PA 18360

St Luke's
MONROE CAMPUS

Making A Difference
In Our Community

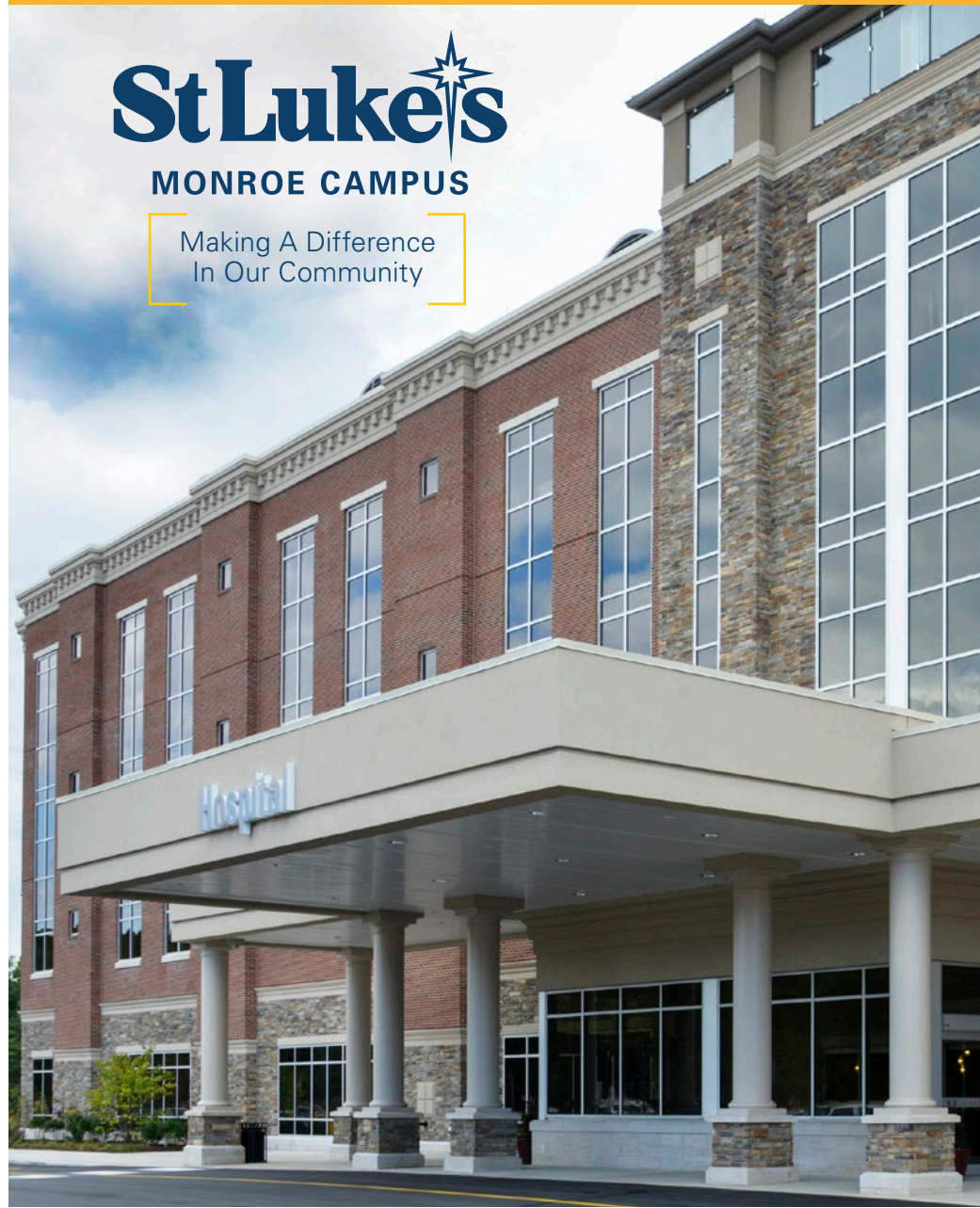
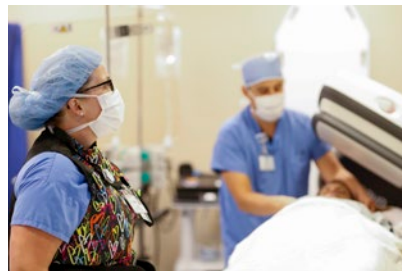




Photo by Scott Janelli Photography



WELCOME

■ Since we opened in October 2016, St. Luke's has had the privilege of caring for thousands of residents in Monroe County and the surrounding communities, providing patient-centered care and emergency services at St. Luke's Monroe Campus. The campus also includes an adjacent medical office building which houses the region's newest St. Luke's Cancer Center, Regional Breast Center, Orthopedic Care practice, diagnostic

x-ray, sleep lab and other specialty services. These state-of-the-art facilities, along with leading-edge technology, an expert staff and skilled health care providers, ensure a superior patient experience.

We thank you for allowing us to care for you.

COMMUNITY HEALTH INITIATIVES

Local community efforts led by the St. Luke's Monroe Campus in its first three years include:

- Corks & Forks, an annual fundraiser benefits the Healthy Kids, Bright Futures program.
- Community health programs address dental, vision and wellness initiatives for children within the Pocono Mountain School District.
- Community health initiatives promote literacy, healthy living and career development opportunities for children in the Pocono Mountain School District.
- 50 Volunteers (representing more than 15 agencies) built raised garden beds at the Mountain Center as part of a School Garden and Nutrition Education Program.
- Over 1,000 students and seniors were educated about healthy eating and nutrition.
- St. Luke's Monroe Campus employees read to over 475 elementary school students on National Dr. Seuss Day.
- Over 2,500 older adult meals served to local Monroe residents.
- Over 400 local Monroe County residents participated in free, community-wide wellness programs such as *Walk with a Doc* and *Get Your Tail on the Trail*.





A MESSAGE FROM DON SEIPLE

President, St. Luke's Monroe Campus

■ When we opened St. Luke's Monroe Campus, we made a promise to the community. We promised to provide easy access to quality health care while being ever-conscious of the needs of our community partners. And, we are proud to say, we have kept our promise. We continue our unwavering commitment of expanding health care, increasing access to specialists and creating economy-enhancing jobs. In addition, we continue to invest in the community through financial support and resources which benefit our nonprofit and educational partners.

At St. Luke's Monroe Campus, we are dedicated to providing exceptional care, and we believe that health and wellness is an integral component of a thriving community. As more residents of Monroe County put their trust in us, we recognize that a large part of our unprecedented growth and success can be attributed to our patients — our neighbors choosing us for care. We appreciate that trust and will work to exceed your expectations.





Photo by Scott Janelli Photography



PETE FAVINI, MD

Chief of Emergency Medicine,
St. Luke's Monroe Campus,
Vice Chairman of Emergency Medicine,
St. Luke's University Health Network

Being part of a large Network allows us to provide the best possible resources for our patients. It's the St. Luke's way — we just think of the patient first in everything we do. In my role as an emergency department doctor, I interact with people in Monroe County every day in tense situations, and although all the medical technology is vital, sometimes just being there for families, holding a hand and understanding the situation can make all the difference. I feel so fortunate to be part of a team that is dedicated to saving lives with compassionate care each and every day.



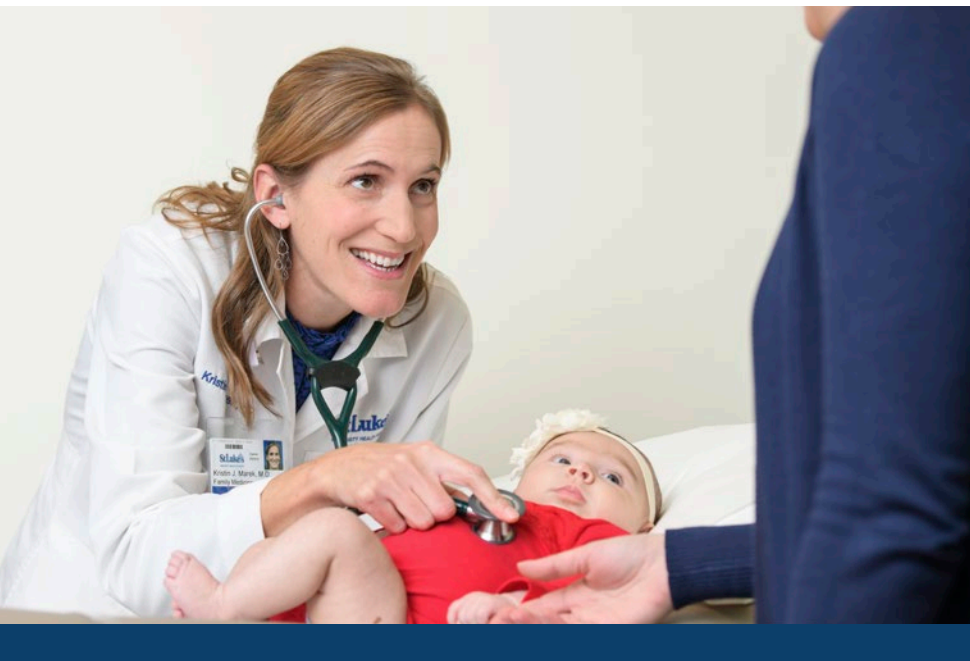
■ *"If I had a superpower, it would be just that — **to work with a team to save lives** — there's no greater power."*

TODD NEMURA

Community Health Liaison, St. Luke's
University Health Network, Department of
Community Health & Preventive Medicine

A cornerstone of our effort to improve access to care and reduce health disparities in the Pocono Mountain School District is called Adopt-a-School. This program was originally founded over 20 years ago when our Network President & CEO, Richard A. Anderson, sought to help the schools near our hospital in Bethlehem. The partnership brings together the hospital and schools along with numerous community partners to improve the health and educational outcomes of students in the communities we serve by contributing time, materials or funds. Part of that outreach also includes free, community-wide programs including *Walk with a Doc* and *Get Your Tail on the Trail*. It truly takes a village to raise a child, and we appreciate the Monroe community for helping us create that village.

■ *Community health programs in Monroe County have touched the lives of over **1,000** local students, families, and community members.*



KRISTIN MAREK, MD

*St. Luke's Brodheadsville Family Practice,
Medical Director, North Region*

In my role as a family medicine physician, I listen to my patients and partner with them for their care. I believe in preventive medicine which includes education as well as detecting disease before it progresses. I work with my patients and their families to determine the most effective treatment plan. In a way, my role is as a consultant in my patients' health and wellness because I guide them in making the best decisions for themselves and their families.

St. Luke's plays an important role in Monroe County because St. Luke's brings high-quality health care closer to home. Our patients now have state-of-the-art facilities and services available to them which do not require long distance travel to receive.

■ *St. Luke's University Health Network is a seven-time recipient of the IBM Watson Health 100 Top Hospitals Award in the Major Teaching Hospital Category.*

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2019



DANIEL VERGES, MD

St. Luke's Center for Urology

Within our Network, I'm able to use the most advanced surgical techniques and equipment such as the GE Hybrid operating room. This operating room combines advanced imaging and advanced surgical equipment in one space.

I'm fortunate that at St. Luke's Center for Urology – Monroe, I can spend time with patients really getting to know them. And as they get to know me, they feel a little more comfortable talking to me about subjects that may be uncomfortable. This is important because their social history gives me a lot of insight into what may be contributing to their health issues. I assure each of my patients that I will listen to and work with them to provide the most appropriate cutting-edge urological care.

■ *St. Luke's is one of GE's premier international show sites for imaging technology*



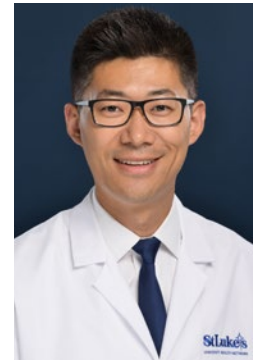
JOSEPH RUSSO, MD

Radiologist and Section Chief of Women's Imaging, St. Luke's University Health Network Clinical Assistant Professor, Temple University School of Medicine

Our facility's design decisions were based in no small part on the feedback we received from patients. Everything we do is patient-driven, patient-focused and designed to identify and address breast-related health issues while eliminating unnecessary anxiety. The new St. Luke's Monroe Regional Breast Center is a state-of-the-art facility — from the serene environment, to the high-tech equipment to the availability of same day biopsy, if necessary. This technology, and the facility as a whole, is focused on making the patient feel comfortable and secure. Above all else, our main job is to provide answers and comfort to our patients.



■ *St. Luke's has a breast cancer **detection rate that is 25% higher** than the national average.*

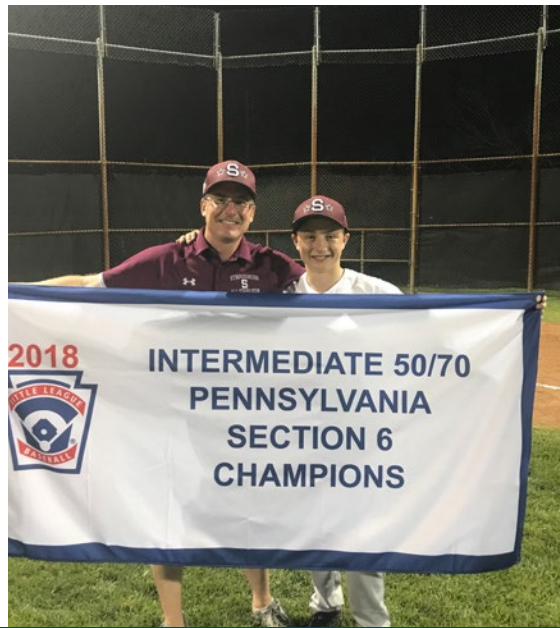


GARY LU, MD, Ph.D

St. Luke's Hematology Oncology Specialists

At St. Luke's Cancer Center – Monroe, patients have access to the latest technology in radiation therapy like the Varian TrueBeam™ Linear Accelerator. This device helps us deliver highly precise and accurate treatment because it automatically stops if a patient moves, preventing unnecessary radiation. This technology, and the facility as a whole, is focused on making the patient feel comfortable and secure, diagnosing them properly, and getting them the treatment they need. I don't see cancer care as treating just one person; I see it as treating the whole family.

■ *"I always tell my patients and their families that we fight this battle together — physicians, counselors, nurses, family, friends and the community — we make health care decisions together so they never feel alone."*



JOHN BRINKER, DO

St. Luke's Monroe Family Practice, Senior Medical Director for the East Region (including Monroe County)

I was born and raised in Monroe County, so taking care of my community is especially important to me. I believe that patients should have access to the best health care regardless of where they live, and I am proud to have served patients in the community here in Monroe County for 15 years. Taking care of the whole patient, which includes prevention of disease, is as important to me as treatment.

Patients in Monroe County can now choose services locally because they want to, not because they have to. St. Luke's has also made a substantial investment in our community, not only in the hospital, but in the people as well, by creating well paying jobs. I look forward to being part of this process and watching our community and hospital grow stronger together.

■ *"I believe that patients should have access to the best health care regardless of where they live, and I am proud to have served patients in the community here in Monroe County for 15 years."*



JILL D'ALESSANDRO

Vice President, Patient Care Services

As a nurse and as an administrator, I have a unique understanding about what is required for optimum care. Yes, our facility is set up with the best there is to offer in terms of technology, but it's that compassionate, personalized care that the entire staff, particularly our nursing staff, gives to our patients.

Area physicians were in desperate need of a hospital which offered better care for the patients in their community. Now, we're proud to say they have that hospital! Our new facilities bring leading-edge technology to the region which better equips us to provide outstanding care. With the strength of the St. Luke's Network, the leadership team and our employees, we are bringing high-quality care to our patients in Monroe County.

■ *Jill D'Alessandro graduated from St. Luke's School of Nursing class of*

2006.

Today, St. Luke's School of Nursing is the nation's oldest nursing school in continuous operation.



DOUGLAS DEGLER, MD, FACP

*St. Luke's Medical Associates of Monroe County,
Chief, Department of Medicine, St. Luke's Monroe Campus
Associate Medical Director, St. Luke's Hospice and VNA*

St. Luke's is the best hospital for patients in this community. Everyone from the staff to the physicians all have a common goal in mind — to provide high-quality, compassionate care to our patients. For me, part of that care is to develop long-standing relationships with my patients. When I get to know the whole patient, I can better understand any barriers to their optimal health. And just as I get to know them, I like them to get to know me, too. I share with them some of the health and wellness tips and practices that I believe in, so that they know I truly practice what I preach. I firmly believe that patients receive better care when the doctor that treats them knows them at their sickest but also at their best.



■ *St. Luke's is the best hospital for patients in this community.*

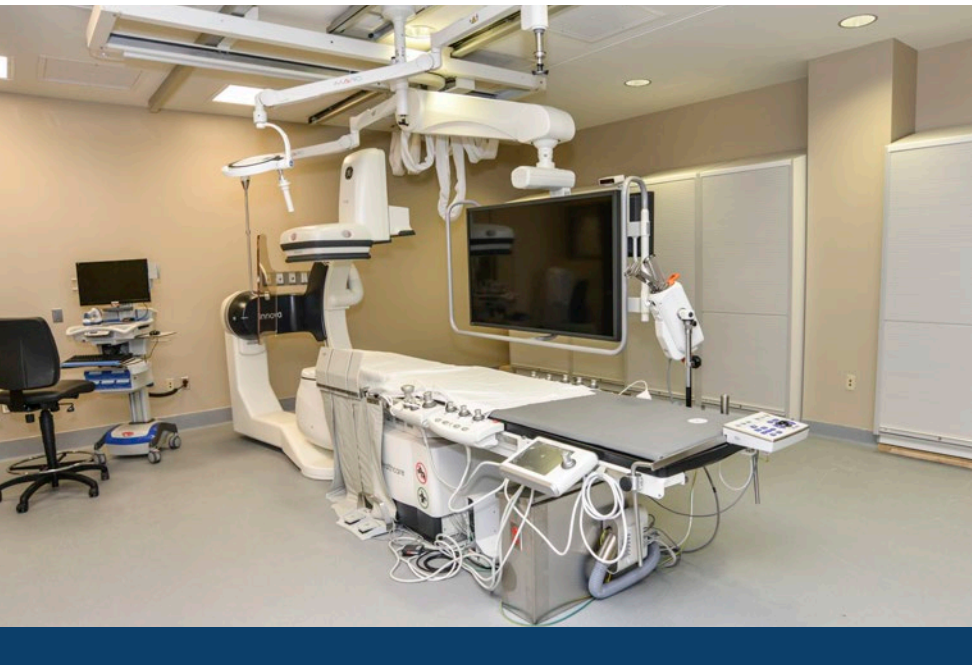


KAREN TAVERNA-MILLER, MD

St. Luke's Obstetrics & Gynecology Associates

I feel strongly about providing my patients with personalized and compassionate care and attention, from routine GYN exams and gynecologic surgery to pre-pregnancy planning through pregnancy and delivery. I care for women in the community during all stages of life. All of these stages, while a natural part of life, can sometimes have serious painful and emotional consequences, so I enjoy helping my patients feel better and getting to know them year after year. Because I'm part of a small practice within a larger Network, I can take the time to get to know my patients and explain why an illness or condition is happening and how it can be treated, which may involve connecting them with resources like education, lactation support or behavioral health services. Every day I strive to treat others the way I wish to be treated. This mantra is part of everything I do both personally and professionally.

■ *"Every day I strive to treat others the way I wish to be treated. This mantra is part of everything I do both personally and professionally."*



VIDYA PONNATHPUR, MD

St. Luke's Cardiology Associates

Using life-saving technology and medications available now, patients can benefit from St. Luke's Monroe Hospital's new "Direct-to-Cath Lab" program. I try to treat my patients as if I'm treating a member of my own family, so I'm grateful for all the resources and technology that our facility has available to help me give the very best care.

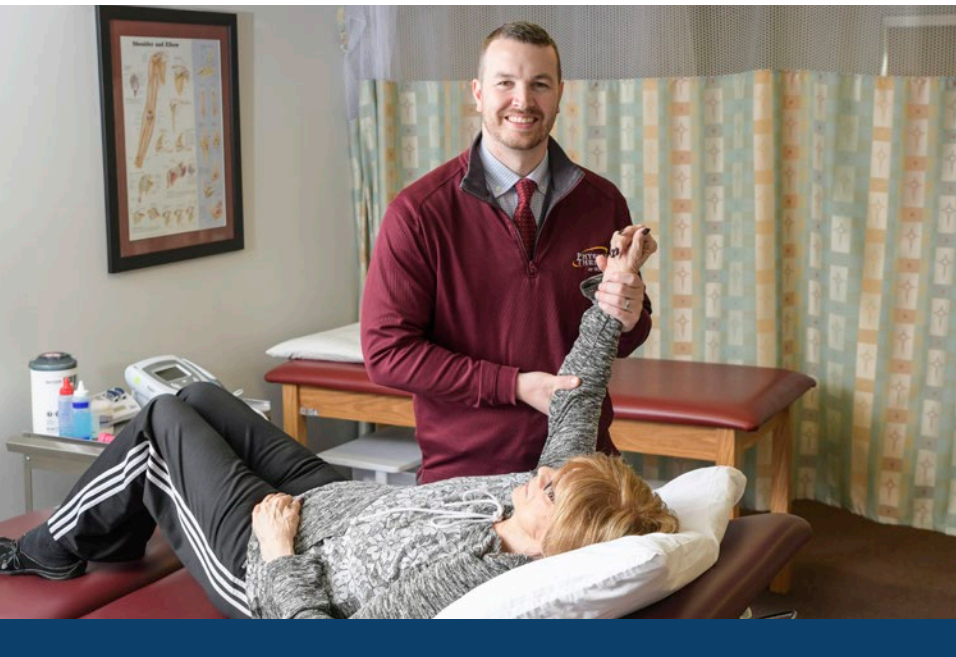
■ *"St. Luke's is among the fastest in the region for door-to-balloon times. It has been shown that getting patients from EMS personnel directly to the cardiac catheterization lab and bypassing the emergency department, can significantly save time which benefits the patient immensely. In the setting of acute heart attack, the adage is always **'time is muscle'** and the 'Direct-to-Cath Lab' program enables us to save that precious time."*

LINDY LEE CIBISCHINO, MD

St. Luke's Pocono Pediatrics

My practice has been in the community for many years and all of the practitioners I work with live in or near Monroe County, so we feel connected to the community we treat. When I'm treating the youngest members of our community (sick and well patients from birth through age 18 years of age), I always take into account the family as a whole to try to provide them with the services they may need for their optimal health care. Health and health care management is a team effort between the provider, patient and family members. At St. Luke's Monroe Campus, we remain committed to continuing expanding pediatric services for the residents of Monroe County.

■ *"Health and health care management is a team effort between the provider, patient and family members."*



GREG MASSIE, DPT, OCS

Facility Director, Outpatient Physical and Occupational Therapy Clinic, Stroudsburg

I grew up in Monroe County, my parents still live in Monroe County, and I personally have seen the benefit of having St. Luke's in the area. St. Luke's has brought options to the residents of Monroe County that were not previously available. When it comes to your health and the health of your family, you want to know that you can stay close to home and receive the care you need.

■ Physical Therapy at St. Luke's has **50** locations across several counties including four offices close to you in Brodheadsville, Kresgeville, Tannersville and Stroudsburg.



MATHILDA & STEVE SHEPTAK

St. Luke's Monroe Campus Volunteers

We've been an active part of the Monroe County community for years. When the new hospital opened, we decided to see firsthand the extent of the quality care St. Luke's was now offering.

We started volunteering. We quickly realized that everyone, from the physicians and nurses to the employees at the registration desk, in maintenance and in the cafeteria, all seem to adhere to the "St. Luke's Way" which is going above and beyond for patients. The campus is an environment of positivity that this community needs.

■ "Once we started volunteering, we quickly realized that everyone, from the physicians and nurses to the employees at the registration desk, in maintenance and in the cafeteria, all seem to adhere to the 'St. Luke's Way' which is going above and beyond for patients."



WE ARE STILL GROWING

Though much has been accomplished during the first years at the St. Luke's Monroe Campus, *our best is yet to come!*

■ *For more information about St. Luke's services or to find a physician, call St. Luke's InfoLink toll-free at 1-866-STLUKES (785-8537) option 4 or visit sluhn.org/monroe.*

